

| Pl. | St Nr | Name   | Verein                        | Netto-Zeit   | Brutto-Zeit |
|-----|-------|--|-------------------------------|--------------|-------------|
| 1   | 1037  | Mark & Guido Tenhofen, Jenny Groß-Weege & Lina & Nico Jost | Silvester Runner              | 0:05:30 (1)  | 0:05:31     |
| 2   | 1042  | Daniel & Paco Franze                                       | Lauf Franze Lauf              | 0:05:34 (2)  | 0:05:35     |
| 3   | 1030  | Jörg Schunkert & Florian & Nico Belting                    | Speed3                        | 0:05:39 (3)  | 0:05:41     |
| 4   | 1021  | Matti & Alexandra Lensing, Moritz & Nik Klingeberg         | HK-BLE                        | 0:05:42 (4)  | 0:05:42     |
| 5   | 1100  | Lars, Lukas & Simon Melis                                  | Team Melisse I                | 0:05:56 (5)  | 0:05:57     |
| 6   | 1063  | Philipp, Franzi, Charlotte, Jochen & Sandra Boland         | Famous Five                   | 0:06:05 (6)  | 0:06:10     |
| 7   | 1043  | Benedikt Demming & Julian Boytinck                         | Ohne Uschi                    | 0:06:13 (8)  | 0:06:14     |
| 8   | 1049  | Almut, Janne & Matilda Deing & Hans Glatz                  | Fanta 4                       | 0:06:12 (7)  | 0:06:14     |
| 9   | 1081  | Tom, Maik & Tina Isensee                                   | Die Isensees                  | 0:06:15 (9)  | 0:06:20     |
| 10  | 1054  | Christoph, Ole & Svea Klarendahl                           | Goodbye2019                   | 0:06:34 (10) | 0:06:50     |
| 11  | 1022  | Claudia, Finn, Helen & Carla Drechsler & Helmut Wissing    | die Blitze                    | 0:06:50 (12) | 0:06:52     |
| 12  | 1008  | Christian, Madita & Jonna Schwarte                         | Schwarte Power                | 0:06:52 (13) | 0:06:55     |
| 13  | 1031  | Ruth, Lena & Joel Belting                                  | RubbeldieKatz                 | 0:06:58 (17) | 0:06:59     |
| 14  | 1006  | Ruth, Mattis & Lasse Jostschulte                           | Flotte Kita-Akazienweg Böing  | 0:06:52 (14) | 0:07:01     |
| 15  | 1080  | Maik, Elke, Ole, Mats & Lasse te Laar                      | OMMEL                         | 0:06:49 (11) | 0:07:01     |
| 16  | 1034  | Rita, Achim, Max, Luzie & Philipp Krasemann                | 5 auf Sieg!                   | 0:06:55 (16) | 0:07:05     |
| 17  | 1087  | Christin, Jan, Vinzenz & Johan Fels                        | Flotte Kita-Akazienweg Hüls   | 0:06:54 (15) | 0:07:06     |
| 18  | 1096  | Jasper, Joris & Andreas Bolte                              | Bolte Run                     | 0:07:02 (18) | 0:07:12     |
| 19  | 1012  | Nadine & Edda Ostendorf & Patrick Heitkamp                 | Bokeltse Raketen              | 0:07:15 (21) | 0:07:16     |
| 20  | 1102  | Katharina, Lukas & Lias Giesing & Nicola Mertens           | Die Giesings                  | 0:07:14 (20) | 0:07:23     |
| 21  | 1093  | Marc, Mick, Lia & May Schlusemann & Tanja Niehaus          | Schlunies                     | 0:07:10 (19) | 0:07:23     |
| 22  | 1007  | Jamel & Saaliha Hage Mir                                   | Baba Saaliha                  | 0:07:30 (23) | 0:07:31     |
| 23  | 1047  | Moritz Jochmann & Jeannine Heister                         | Raketen                       | 0:07:31 (24) | 0:07:34     |
| 24  | 1067  | Carlo, Anja, Carla & Oscar Fürer                           | Nummer 1                      | 0:07:29 (22) | 0:07:35     |
| 25  | 1079  | Marc & Ida Schmeing  | Team Schmeing                 | 0:07:34 (28) | 0:07:41     |
| 26  | 1026  | Dagmar & Alexander Pelgrim                                 | Pellegrini                    | 0:07:35 (29) | 0:07:41     |
| 27  | 1103  | Claudia, Max, Nik & Leo Hustede                            | Die Hustis                    | 0:07:32 (25) | 0:07:47     |
| 28  | 1066  | Frank, Martina, Nicolas & Janis Felix Kieborz              | Die roten Teufel              | 0:07:32 (26) | 0:07:49     |
| 29  | 1027  | Klaus, Lutz, Jannis Dünck-Kerst                            | Die Dünckis                   | 0:07:34 (27) | 0:07:51     |
| 30  | 1072  | Volker, Sonja, Sophie & Elisa Winterscheid                 | SEV Winterscheid              | 0:07:49 (30) | 0:07:55     |
| 31  | 1020  | Mario, Julia, Rosa & Rasmus Betting                        | SEHR-GUT                      | 0:07:58 (33) | 0:08:03     |
| 32  | 1024  | Matthias & Mathilda Nienhaus                               | MaMa                          | 0:07:59 (34) | 0:08:04     |
| 33  | 1078  | Rebecca & Tarja Beckmann                                   | Die Rennmäuse                 | 0:08:07 (35) | 0:08:12     |
| 34  | 1095  | Jana, Luca, Sabine & Jörg Hüls                             | Höllensprinter                | 0:07:54 (31) | 0:08:14     |
| 35  | 1001  | Carolin, Timon & Jasmin Pütter                             | TiJasMoMiN                    | 0:07:58 (32) | 0:08:16     |
| 36  | 1104  | Gabi & Til Schmenk   | Schmenk                       | 0:08:11 (36) | 0:08:19     |
| 37  | 1064  | Christian, Nadine, Zoe Alina & Nele Sophie Goetjes         | Goetjes                       | 0:08:22 (38) | 0:08:25     |
| 38  | 1005  | Dirk, Andrea & Julina Nebelo                               | Die Nebelgeister              | 0:08:23 (40) | 0:08:30     |
| 39  | 1055  | Michael, Claudia, Lisa, Luis & Luca Ernst                  | Mc.LLL's                      | 0:08:22 (39) | 0:08:34     |
| 40  | 1075  | Hendrik, Johannes, Frederike, Margareta & Rebekka Seggewiß | Lauffreunde Rhede (Seggewiß)  | 0:08:20 (37) | 0:08:35     |
| 41  | 1057  | Klara, Helene & Andre Brosius                              | Die brandgefährlichen Brösels | 0:08:24 (41) | 0:08:41     |
| 42  | 1038  | Thomas, Jonas & Marleen van der Walle                      | Wonderwally Running Team      | 0:08:33 (42) | 0:08:46     |
| 43  | 1048  | Markus, Conrad, Vincent & Yvonne Pohle                     | Die Pohlettos                 | 0:08:33 (43) | 0:08:46     |
| 44  | 1101  | Stephanie & Lasse Melis                                    | Team Melisse II               | 0:08:43 (45) | 0:08:49     |

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| 45  | 1033  | Michael, Corinna, Milla, Anton & Emil Kampschulte                     | Die Kampis                             | 0:08:39 (44) | 0:08:53     |
| 46  | 1065  | Till, Jannik & Inga Kleffner  | Team Kleffner                          | 0:08:51 (49) | 0:08:55     |
| 47  | 1089  | Tamino, Felipa, Muriel, Julia & Stefan Heber                          | Flotte Kita-Akazienweg Heber           | 0:08:56 (51) | 0:08:56     |
| 48  | 1083  | Leni, Sarah & Christian Teklote                                       | Flotte Kita-Akazienweg Teklote         | 0:08:49 (48) | 0:08:57     |
| 49  | 1088  | Joshua, Elisa, Martha & Jürgen Nobis & Katharina Hegeleit             | Flotte Kita-Akazienweg Nobis           | 0:08:56 (52) | 0:09:02     |
| 50  | 1105  | Judith, Martin, Erik Marten & Charlotte Rohde                         | Die rasanten Rohdes                    | 0:08:47 (47) | 0:09:02     |
| 51  | 1107  | Matti Johann & Wolfgang Eberle  | Bayern München & HSV                   | 0:08:46 (46) | 0:09:03     |
| 52  | 1056  | Jenny, Stefan, Tom & Philip Zanders                                   | Bocholter WSV                          | 0:09:02 (55) | 0:09:06     |
| 53  | 1085  | Noah & Sabine Redschuhn   | Flotte Kita-Akazienweg Redschuhn       | 0:08:59 (54) | 0:09:08     |
| 54  | 1071  | Sebastian, Kira, Maja & Lea Drees                                     | Familie Drees                          | 0:08:56 (50) | 0:09:15     |
| 55  | 1077  | Boris & Frieda Fastring & Hans-Werner Apsel & Jonas Meismann-Niermann | Friedas Höllenhunde                    | 0:08:58 (53) | 0:09:18     |
| 56  | 1013  | Christian, Maren, Johann & Mathilda Tewiele                           | Die Feuerflitzer                       | 0:09:10 (57) | 0:09:20     |
| 57  | 1036  | Stefan, Felix & Hanna Hebing & Carla & Melanie Schmeinck              | Schmebing                              | 0:09:17 (58) | 0:09:24     |
| 58  | 1074  | Christine, Nico, Henri & Annika Neubus                                | Neubus-Flitzer                         | 0:09:09 (56) | 0:09:31     |
| 59  | 1015  | Ruth, Hugo, Hedi & Klaus Sondermann                                   | Die Sondermänner                       | 0:09:34 (61) | 0:09:38     |
| 60  | 1011  | Simon, Matti, Maya & Lola Rademaker                                   | Die Rades                              | 0:09:36 (64) | 0:09:40     |
| 61  | 1091  | Ben Matti, Jens & Lotta Marie Goedecke & Alessa Schlütter             | Die flinken Flitzer                    | 0:09:28 (59) | 0:09:44     |
| 62  | 1028  | Markus, Maya, Lina & Luca Schürbüscher                                | Die Schürbis                           | 0:09:35 (62) | 0:09:48     |
| 63  | 1090  | Theo Wittag & Dirk Fahrland   | Flotte Kita-Akazienweg Fahrland/Wittag | 0:09:49 (69) | 0:09:49     |
| 64  | 1004  | Marc, Maik & Jody Steverding & Finja Schmeink                         | Die Fliegenden Vier                    | 0:09:30 (60) | 0:09:50     |
| 65  | 1060  | Kevin & Hannah Diepmans   | Diepmans                               | 0:09:42 (67) | 0:09:50     |
| 66  | 1098  | Jette & Matthias Tenhofen & Maren Michelbrink                         | Michelbrink/Tenhofen                   | 0:09:35 (63) | 0:09:56     |
| 67  | 1014  | Lars & Lina Matschke  | Die Matschkes                          | 0:09:37 (65) | 0:09:56     |
| 68  | 1106  | Frauke, Wiebke, Stefanie & Frank Seggewiss                            | Team Seggewiss                         | 0:09:38 (66) | 0:09:58     |
| 69  | 1044  | Christian, Verena, Finn & Mats Bölting                                | Team Bölting                           | 0:09:52 (71) | 0:10:12     |
| 70  | 1029  | Holger & Marlene Sterneborg   | Sternis                                | 0:09:52 (72) | 0:10:15     |
| 71  | 1039  | Jan-Dirk, Bastian & Lars Peters                                       | Peters                                 | 0:10:08 (75) | 0:10:16     |
| 72  | 1019  | Paul, Marlene, Heike & Simon Stoverink                                | Die Stovies                            | 0:09:48 (68) | 0:10:17     |
| 73  | 1025  | Theodor, Mareike & Felix Peters                                       | Familie Peters                         | 0:09:50 (70) | 0:10:17     |
| 74  | 1002  | Dennis, Marlon, Jonathan & Noah Willing                               | Die Willings                           | 0:09:59 (73) | 0:10:19     |
| 75  | 1097  | Mia, Emma, Lisa & Christian Willing                                   | Die Willings                           | 0:10:05 (74) | 0:10:29     |
| 76  | 153   | Jason & André Steverding  | ai Fitness                             | 0:10:20 (77) | 0:10:39     |
| 77  | 1041  | Benedikt, Wiebke, Paula & Malte Schmitz                               | Die verschmutzten Salzmänner           | 0:10:17 (76) | 0:10:40     |
| 78  | 1094  | Clemens, Luise, Amelie, Susanne & Benedikt Spieker                    | Flotte Kita-Akazienweg Spieker         | 0:10:46 (82) | 0:10:46     |
| 79  | 1051  | Lena, Werner, Tilo & Jan Schüring & Ludger Efung                      | Schüring-Efung                         | 0:10:23 (78) | 0:10:53     |
| 80  | 1017  | Claus, Emil & Andrea Meyer  | ACE Meyer                              | 0:10:38 (79) | 0:11:04     |
| 81  | 1023  | Paul, Simon, Johannes & Nicole Schlebusch & Nina Rumswinkel           | Laufteam Paul                          | 0:10:41 (81) | 0:11:07     |
| 82  | 1086  | Zoe & Dennis Wensink  | Flotte Kita-Akazienweg Sondermann      | 0:10:53 (83) | 0:11:11     |
| 83  | 1050  | Stephan, Sabine, Samira, Lemalian & Junis Graz                        | Team 7                                 | 0:10:39 (80) | 0:11:23     |
| 84  | 1062  | Torsten, Noah, Julia & Filip Ening & Margret Ruland                   | Familie Ening                          | 0:11:12 (84) | 0:11:37     |

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| 85  | 1092  | Jan-Hendrik, Henry & Oscar Ingenfeld  | Laufprofis Bocholt             | 0:11:26 (85) | 0:11:41     |
| 86  | 1082  | Kira, Thale & Jonna Alda & Tobias Bußkamp-Alda  | Agents Alda                    | 0:11:43 (88) | 0:11:54     |
| 87  | 1045  | Christoph, Jessica, Lukas, Hanna & Luisa Paus   | Team Paus                      | 0:11:33 (86) | 0:11:55     |
| 88  | 1040  | Ole, Marle, Julia, Lotte & Jörg Schilderink   | Die Schilderinks               | 0:11:38 (87) | 0:12:04     |
| 89  | 1076  | Dennis, Daniela, Felia & Jasper Effing  | Die Effings!                   | 0:11:56 (89) | 0:12:07     |
| 90  | 1084  | Lotta, Mats, Emil, Eva & Christoph Heßling  | Flotte Kita-Akazienweg Heßling | 0:12:04 (91) | 0:12:13     |
| 91  | 1059  | Alisha, Stefan & Clara Blume  | Blume                          | 0:12:00 (90) | 0:12:25     |
| 92  | 1069  | Carla Probst, Melanie Behling, Thomas Purwin-Probst, Sascha Hübers, Walter & Mark Ohsieck | Team Carla                     | 0:12:18 (92) | 0:12:34     |